



Fun and Games

# Hopscotch 跳格子

文 / 李雯琪 (苗栗縣國小英語輔導團召集人、僑育國小校長) 圖 / Forest Lin 審閱 / Star Zhang

## Your First Look 搶先知道

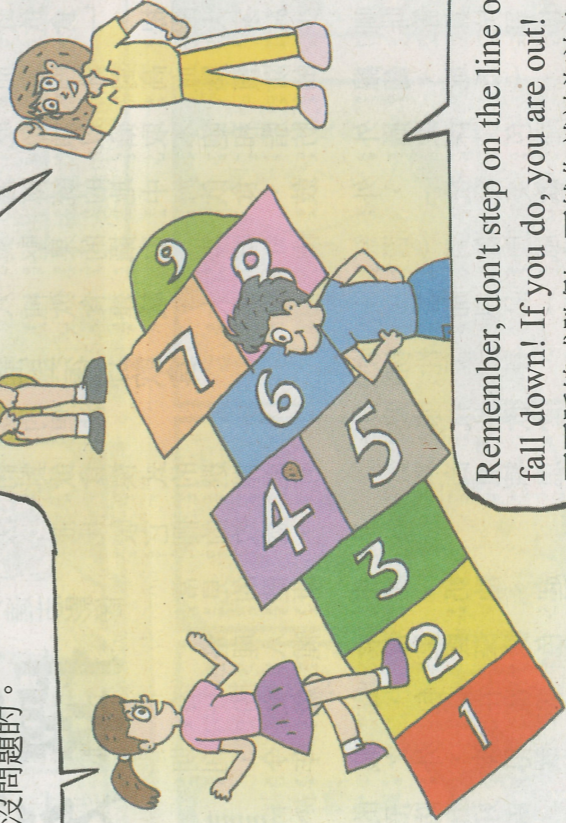
Hopscotch is a popular outdoor game for kids. You draw boxes on the ground and hop through them on one foot or two feet. It's fun, easy to play, and helps you practice balance!

「跳格子」是小朋友喜歡的戶外遊戲。你在地上畫格子，然後用單腳或雙腳跳過每一格。這個遊戲簡單又好玩，還能訓練平衡感！

## Role Play Time 角色扮演時間

Haha! That's a piece of cake, no problem.  
哈哈，這對我來說太簡單，沒問題的。

It's your turn!  
Throw the stone.  
輪到你了！丟石頭吧。



Remember, don't step on the line or fall down! If you do, you are out!  
不要踩線或跌倒，不然你就会被淘汰！

## Word Detective 關鍵字

**1 hop 單腳跳 (v)**  
A: Can you hop on one foot?  
你可以單腳跳嗎？

B: Yes!  
Watch me!  
可以呀！  
看我！



**2 jump 跳躍 (v)**

A: Look! I can jump really high!

你看！我能跳得很高！

B: Wow! Can you jump over this rope?  
哇！你能跳過這條繩子嗎？



## Game Rules 遊戲規則

### Step 1

Draw boxes on the ground and number them from 1 to 9. Throw a small stone into square 1.

在地上畫出格子，並標上數字一到九的號碼。把一顆小石頭丟進第一格。



### Step 2

Hop through the boxes, using one foot for single boxes and two feet for side-by-side ones. Skip the box with the stone and pick up your stone on your way back.

開始跳格子，用單腳跳過單格，雙腳跳過並排的格子。要避開有石頭的那一格，回程時別忘了把你的石頭撿起來！



### Step 3

In the next rounds, throw your stone into the next number. The first person to complete all the boxes from 1 to 9 is the winner.

下一回合接著把石頭丟到下一個數字。第一個完成一到九格的人獲勝。



**3 tiptoe 踮腳走 (v)**

A: Shhh! Tiptoe across the room. Quiet like a cat!

噓！踮腳走過這房間。像小貓一樣安靜！

B: Like this?  
像這樣嗎？



**4 step 踩 (v)**

A: Don't step in the puddles on a rainy day, or your shoes will get wet.

下雨天別踩水窪，鞋子會弄溼。

B: But I'm wearing rain boots!  
可是我穿雨鞋！

