**Try Everything 盡情嘗試**

**I messed up tonight I lost another fight**  
今晚我又搞砸了 又輸了一場仗

**I still mess up but I'll just start again**  
我一次次搞砸 但我會一次次不停嘗試

**I keep falling down I keep on hitting the ground**  
我不斷失敗 不斷跌落谷底

**I always get up now to see what's next**  
但我永遠都會重新振作 迎向下個挑戰

**Birds don't just fly They fall down and get up**  
鳥並非一直翱翔高空 他們會跌落雲霄 也會展翅高飛

**Nobody learns without getting it wrong**  
沒有人在成長的路上不曾遭遇失敗

**I won’t give up, no I won’t give in**  
我不會放棄 我不會退讓

**Till I reach the end And then I’ll start again**  
直到我抵達終點 然後再來一次

**Though I’m on the lead**  
即使一路順暢

**I wanna try everything**  
我也想嘗試每種可能

**I wanna try even though I could fail**  
我想嘗試即使會碰上失敗

**I won’t give up, no I won’t give in**  
我不會放棄 我不會退讓

**Till I reach the end And then I’ll start again**  
直到我抵達終點 然後再來一次

**No I won't leave I wanna try everything**  
不 我不會放棄 我想嘗試每種可能

**I wanna try even though I could fail**  
我想嘗試即使會碰上失敗

**Oh oh oh oh** **Try everything**盡情嘗試

**Oh oh oh oh** **Try everything**盡情嘗試

**Oh oh oh oh** **Try everything**盡情嘗試

**Oh oh oh oh**

**Look how far you've come**  
看看你一路走了多遠

**You filled your heart with love**  
你讓你的心中填滿了愛

**Baby you've done enough Take a deep breath**  
親愛的 你做得夠多了 深呼吸一口

**Don't beat yourself up Don't need to run so fast**  
不需要責備自己 不需要跑得那麼快

**Sometimes we come last but we did our best**  
也許我們沒那麼快到達 但我們會全力以赴

**I won’t give up, no I won’t give in**  
我不會放棄 我不會退讓

**Till I reach the end And then I’ll start again**  
直到我抵達終點 然後再來一次

**Though I’m on the lead I wanna try everything**  
即使一路順暢 我也想嘗試每種可能

**I wanna try even though I could fail**  
我想嘗試即使會碰上失敗

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**No I won't leave I wanna try everything**  
不 我不會放棄 我想嘗試每種可能

**I wanna try even though I could fail**  
我想嘗試即使會碰上失敗

**I'll keep on making those new mistakes**  
我不斷的犯下新的錯誤

**I'll keep on making them every day**  
每天每天不停的

**Those new mistakes**  
犯下新的錯誤

**Oh oh oh oh** **Try everything**盡情嘗試

**Oh oh oh oh** **Try everything**盡情嘗試

**Oh oh oh oh** **Try everything**盡情嘗試

**Oh oh oh oh**  **Try everything**盡情嘗試

**Let It Go 放手吧**

The snow glows white on the mountain tonight

今晚冰雪白了整座山林

Not a footprint to be seen沒有留下任何足跡

A kingdom of isolation and it looks like I'm the Queen

這是個孤獨的王國  看來我就是這裡的女王

The wind is howling like this swirling storm inside

狂風咆嘯著就像我內心的暴雪

Couldn’t keep it in, heaven knows I tried

再也擋不住  上天知道我盡力了

Don’t let them in, don’t let them see

不能讓他們進來  不能讓他們知道

Be the good girl you always have to be

必須當個好女孩就像以前一樣

Conceal, don’t feel 藏起來  拒絕所有感受

Don’t let them know 不能讓他們知道

Well, now they know 但現在  他們知道了

Let it go Let it go 放手吧 放手吧

Can’t hold it back anymore 再也攔不住了

Let it go Let it go 放手吧 放手吧

Turn away and slam the door 轉身離去 甩上門

I don't care what they're going to say

我不在乎他們口中的流言蜚語

Let the storm rage on 就讓這暴風到處肆虐吧

The cold never bothered me anyway

這冰冷對我而言不算什麼

It’s funny how some distance這很有趣  當你保持距離

Makes everything seem small

每個事物看起來是如此渺小

And the fears that once controlled me

那曾掌控我的恐懼

Can’t get to me at all 再也無法侵襲我了

 It's time to see what I can do來玩玩我能變些什麼

To test the limits and break through

試試我的能力 看看有什麼新發現

No right, no wrong, no rules for me

沒有 對錯  沒有規則能束縛我

I'm free 無拘無束

Let it go Let it go 放手吧 放手吧

I am one with the wind and sky

我獨自享受這寒風夜空

Let it go Let it go 放手吧 放手吧

You'll never see me cry你不會有機會看到我的淚水

Here I stand, and here I'll stay我就站在這  我將待在這

 Let the storm rage on 就讓這暴風到處肆虐吧

My power flurries through the air into the ground

從空中到大地  我的力量無所遁形

My soul is spiraling in frozen fractals all around

我冰凍的靈魂盤旋散落在每個角落

And one thought crystallizes like an icy blast

我的想法化為冰晶飄盪在寒風之中

I'm never going back, the past is in the past

我再也不會回頭  所有往事都是過去

Let it go Let it go 放手吧 放手吧

And I'll rise like the break of dawn

我的崛起如同破曉之光

Let it go Let it go 放手吧 放手吧

That perfect girl is gone

那完美的女孩早就不在了

Here I stand in the light of day

我就站在這破曉曙光之下

Let the storm rage on就讓這暴風到處肆虐吧

The cold never bothered me anyway

這冰冷對我而言不算什麼